

表.ドゥーラサポートが母子の心理社会面へ与える効果を測るために使われたスケール

対象者	変数	スケールの名称 (略称)	使われたドゥーラ研究
母親(産婦)	産褥うつ病	The Beck Depression Inventory (BDI)	Wittman, 2000
		The Edinburgh Postnatal Depression Scale	Hodnett et al., 2002
		The Postpartum Support Questionnaire (PSQ)	Wittman, 2000
		The Center for Epidemiological Studies Depression Inventory (CES-D)	Altfeld, 2002
		The Pitt Depression Inventory (PDI)	Trotter et al., 1992 Wolman, et al., 1993
		The Short Form 36 - Mental Health Index - (SF-36)	Gordon et al., 1999
	自尊心	Coopersmith Self-Esteem Inventory (CSEI)	Hofmeyr et al., 1991 Wolman, et al., 1993
		The Rosenberg Self-Esteem Scale (RSES)	Gordon et al., 1999 ManningOrenstein, 1998
	気分	The Profile of Mood States (POMS)	ManningOrenstein, 1998
	不安	Forms Y1 & Y2: state & trait anxiety	Hodnett & Osborn, 1989
		Speilberger State-Trait Anxiety Scale/Inventory (STAS/SSTAI)	Hodnett & Osborn, 1989 Hofmeyr et al., 1991 Langer, et al., 1998 ManningOrenstein, 1998 Wolman, et al., 1993
	出産をコントロールできたという感覚	Labour Agency Scale (LAS)	Hodnett & Osborn, 1989 Hodnett et al., 2002
		Control Inventory	Langer, et al., 1998

	分娩体験	The Perception of Birth Scale (PBS)	Bunting, 1999
	痛みの感じ方	McGill pain rating index	Hofmeyr et al., 1991
新生児	児の発達	The Bayley Scales of Infant Development (2nd edition) (BSID-II)	Landry et al., 1998
	児の気質	The Early Infancy Temperament Questionnaire (EITQ)	ManningOrenstein, 1998
両方	母親の児への愛着	Nursing Child Assessment Statelite Training Feeding Scale (NCAST)	Altfeld, 2002
		The Perception of Birth Scale (PBS)	Bunting, 1999
	総合評価(分娩体験・自信・満足感・他者からのサポート・児の気質・パートナーとの関係)	Postpartum Self-Evaluation Questionnaire (PPSEQ)	ManningOrenstein, 1998